Crecer a tiempo, no reparar tarde

Maloclusión temprana y postura · Bibliografía de la charla

1. Planas P. Rehabilitación neuro-oclusal (RNO). 4ª ed. actualizada, ampliada y revisada. Valencia: Lisermed Editorial SL; 2024.
2. Raymond J-L. Ortodoncia Sistémica. Diagnóstico y tratamiento. Saint-Laurent-de-la-Salanque: Empresa; 2022. ISBN: 978-2-9519015-7-5.
3. Raymond JL, Pimentel Gómez I, Vignolo Lobato R. Tratamiento ortopédico de las maloclusiones de clase III: masticación y plano oclusal. Ortodoncia Clínica. 2009;12(4):186-193.
4. Gribel MN. Planas Direct Tracks in the early treatment of unilateral crossbite with mandibular postural deviation. Why worry so soon? World J Orthod. 2002;3(3):239-249.
5. Sforza C, Tartaglia GM, Solimene U, Morgese C, Camerano V, Vietti T. Occlusal and postural association: A review. J Oral Rehabil. 2010;37(11):844-854.
6. Baldini A, Notas A, Tecco S. Deep bite and body posture: A surface electromyography and stabilometric study. J Bodyw Mov Ther. 2013;17(2):209-215.
7. Syta A, Ziobrowska K. Influencia de la anquiloglosia en las funciones primarias. Logopedia Silesiana. 2019;8. DOI: 10.31261/LOGOPEDIASILESIANA.2019.08.16
8. Massara MLA, Rédua PCB, coordinadores. Manual de referencia para procedimientos clínicos en odontopediatría. São Paulo: Livraria Santos Editora; 2010. Traducción al español: Asociación Latinoamericana de Odontopediatría (ALOP); 2014.
9. Chibás A, de la Torre G. Intervención temprana de la mordida cruzada por la técnica de las pistas directas de Planas. Rev Inf Cient. 2020;99(1):69-77.
10. Myers DR, Barenie JT, Bell RA, Williamson EH. Condylar position in children with functional posterior crossbites: before and after crossbite correction. Pediatr Dent. 1980;2(3):190-194.
11. Yoon AJ, Zaghi S, Ha S, Law CS, Guilleminault C, Liu SY. Ankyloglossia as a risk factor for maxillary hypoplasia and soft palate elongation: a functional-morphological study. Orthod Craniofac Res. 2017;20(4):237-244.
12. Bardellini E, Gulino MG, Fontana S, Amadori F, Febbrari M, Majorana A. Can the treatment of dental malocclusions affect the posture in children? J Clin Pediatr Dent. 2022;46(3):241-248.
13. Silvestrini-Biavati A, Migliorati M, Demarziani E, Tecco S, Silvestrini-Biavati P, Polimeni A, et al. Clinical association between teeth malocclusions, wrong posture and ocular convergence disorders: an epidemiological investigation on primary school children. BMC Pediatr. 2013;13:12.
14. Haller W, Poggi I. La ortopedia al encuentro de las necesidades en salud bucal de la 1ra. infancia. Pistas directas del Dr. Planas para control del riesgo y tratamiento temprano de las disgnacias. Parte I. Rev IUCEDDU. 2014;(1):27-33.
15. Salimi M, Ayene F, Parsazadegan T, Nazari M, Jamali Y, Raoufy MR. Nasal airflow promotes default mode network activity. Brain Res Bull. 2023;194:51-59.
16. Guilleminault C, Huseni S, Lo L. A frequent phenotype for paediatric sleep apnoea: short lingual frenulum. ERJ Open Res. 2016;2(3):00043-2016.
17. Mills N, Keough N, Geddes DT, Pransky SM, Mirjalili SA. Defining the anatomy of the neonatal lingual frenulum. Clin Anat. 2019;32(6):824-835.
18. Mills N, Geddes DT, Amirapu S, Mirjalili SA. Understanding the lingual frenulum: histological structure, tissue composition, and implication for tongue tie surgery. Int J Otolaryngol. 2020;2020:8820909.
19. Lentini-Oliveira DA. Planas direct tracks to treat functional crossbites in children: scientific evidence. Jaw Funct Orthop Craniofac Growth. 2022;2(2):24-31.

20. Zaghi S, Peterson C, Shamtoob S, Fung B, Ng DKK, Jagomagi T, et al. Assessment of nasal breathing using lip taping: a simple and effective screening tool. Int J Otorhinolaryngol. 2020;6(1):10-15.

21. Bollero P, Ricchiuti MR, Laganà G, Di Fusco G, Lione R, Cozza P. Correlations between dental malocclusions, ocular motility, and convergence disorders: a cross-sectional study in growing subjects. Oral Implantol (Rome). 2017;10(3):289-294.

22. Ramirez-Yañez GO. Planas Direct Tracks for early crossbite correction. J Clin Orthod. 2003;37(6):294-298.

23. Haller W, Poggi I. La ortopedia al encuentro de las necesidades en salud bucal de la 1ra. infancia. Pistas directas del Dr. Planas para control del riesgo y tratamiento temprano de las disgnacias. Parte II. Rev IUCEDDU. 2014;(2):23-31.

24. Garbin AJI, Wakayama B, Reis dos Santos R, Saliba Rovida TA, Saliba Garbin CA. Pistas directas planas para el tratamiento de la mordida cruzada posterior. Rev Cubana Estomatol. 2014;51(1):113-120.

25. Cucca MA. Interrelationships between dental occlusion and plantar arch. J Bodyw Mov Ther. 2011;15(2):242-250.

26. Bordoni B, Jozsa F, Varacallo MA. Anatomy, Head and Neck: Sternocleidomastoid Muscle. En: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; actualizado 6 abr 2026 [citado 12 nov 2026]. Disponible en: https://www.ncbi.nlm.nih.gov/books/NBK532881/

27. Rocabado M. Biomechanical relationship of the cranial, cervical, and hyoid regions. J Craniomandib Pract. 1983;1(3):61-66.

28. Peng H, Liu W, Yang L, Zhong W, Yin Y, Gao X, Song J. Does head and cervical posture correlate to malocclusion? A systematic review and meta-analysis. PLoS One. 2022;17(10):e0276156. DOI: 10.1371/journal.pone.0276156

29. Borowitz SM. What is tongue-tie and does it interfere with breast-feeding? A brief review. Front Pediatr. 2023;11:1086942.

30. Zaffanello M, Pietrobelli A, Cavarzere P, Guzzo A, Antoniazzi F. Complex relationship between growth hormone and sleep in children: insights, discrepancies, and implications. Front Endocrinol (Lausanne). 2024;14:1332114.

31. Marcus CL, Brooks LJ, Draper KA, Gozal D, Halbower AC, Jones J, et al. Diagnosis and management of childhood obstructive sleep apnea syndrome. Pediatrics. 2012;130(3):e714-e755.

32. Chervin RD, Hedger K, Dillon JE, Pituch KJ. Pediatric Sleep Questionnaire (PSQ): validity and reliability of scales for sleep-disordered breathing, snoring, sleepiness, and behavioral problems. Sleep Med. 2000;1(1):21-32.

33. Brodsky L. Modern assessment of tonsils and adenoids. Pediatr Clin North Am. 1989;36(6):1551-1569.

34. Chen L, Liu Y, Wu D. The effect of the nasal structure on the olfactory cleft airflow: a systematic review. Am J Rhinol Allergy. 2025;39(2):136-146.

35. Restrepo-Serna C, Winocur E. Sleep bruxism in children, from evidence to the clinic. A systematic review. Front Oral Health. 2023;4:1166091.

36. Restrepo C, Lobbezoo F, Castrillon E, et al. Correlations between sleep architecture and sleep-related masseter muscle activity in children with sleep bruxism. J Oral Rehabil. 2023. DOI: 10.1111/joor.13430